

## Lodging

### Budget Hotels Nearest to the IBS Treatment Center

**HOTEL NEXUS** Closest hotel, 12 blocks from clinic; free shuttle available. For complimentary “IBS Treatment Center Preferred Rate” of \$92. (Premium Guest Room) please phone the hotel directly or follow [this link](#) and enter the “Corporate/Promotion Code” **IBS78**. Full kitchen suites available.

**EXTENDED STAY AMERICA** 1.6 miles from clinic, approximately 5 minutes; kitchenettes

**COMFORT INN** 1.8 miles from clinic; some kitchenettes

### 3-4 Star Hotels

**SILVER CLOUD** 3.9 miles from clinic, approximately 10-15 minutes

**HOTEL DECA** 4.7 miles from clinic, approximately 10-15 minutes

### Downtown 5 Star Hotels

**FAIRMONT HOTEL** 7 miles from clinic, approximately 15-30 minutes

**FOUR SEASONS HOTEL** 7 miles from clinic, approximately 15-30 minutes

## Transportation

Please note that the Clinic Entrance Address is: 11301 Pinehurst Way NE, Suite 100 Seattle, WA 98125. To easily locate our main entrance, use this Clinic Entrance Address if you are mapping, getting directions, or calling a cab/taxi.

**TOWNCAR LIMO & VAN SERVICE** (206) 234-1739

Mr. Ashene Tewdros. Service to/from airport, rates same or near taxi rates

**ORANGE CAB** (206) 522-8800

**SEA-TAC AIRPORT TAXI SERVICE** (206) 362-2000

**CENTRAL LINK LIGHT RAIL** Service from Sea-Tac Airport. Downtown stop: University Street Station link, then transfer to Metro Transit bus #41.

**METRO TRANSIT** From downtown, bus #41 to Northgate. Get off at the bus stop at Northgate Way and 5th Ave NE, then walk to the clinic (4 blocks). Or, transfer to #347/348 at the Northgate Transit Center Park and Ride and get off at QFC (Northgate Way & Roosevelt Way), cross Roosevelt and walk 1 block to the clinic.

## Dining

There are many local eateries and chain restaurants (fast food and sit down) in the vicinity of the IBS Treatment Center. For a complete listing go to [www.UrbanSpoon.com](http://www.UrbanSpoon.com) click on Seattle and put “Northgate” in the search tool.

For a listing of Seattle area restaurants which are sensitive to special diets, visit [www.innatehealthfoundation.org/wiki](http://www.innatehealthfoundation.org/wiki)

*We hope you enjoy your time in Seattle*

## Things to do in Seattle

**SEATTLE AQUARIUM**  
[seattleaquarium.org](http://seattleaquarium.org)

**PACIFIC SCIENCE CTR**  
[PacificScienceCenter.org](http://PacificScienceCenter.org)

**SEATTLE ART MUSEUM**  
[seattleartmuseum.org](http://seattleartmuseum.org)

**SPACE NEEDLE**  
[spaceneedle.com](http://spaceneedle.com)

**UNDERGROUND TOUR**  
[undergroundtour.com](http://undergroundtour.com)

**PIKE PLACE MARKET**  
[pikeplacemarket.org](http://pikeplacemarket.org)

**EXPERIENCE MUSIC PROJECT**  
[empsfm.org](http://empsfm.org)

**MUSEUM OF FLIGHT**  
[museumofflight.org](http://museumofflight.org)

**WOODLAND PARK ZOO**  
[zoo.org](http://zoo.org)

