

IBS TREATMENT CENTER

Get out of the bathroom and get back to your life!

MEMBER OF **INNATE**
HEALTH GROUP



- OCTOBER 2015 -

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IBS Doesn't Have to Be Spooky: Recent Stories From Our Patients.

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MEET OUR PHYSICIANS

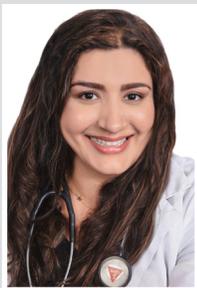
IT'S OUR 10 YEAR ANNIVERSARY!

The IBS Treatment Center is proud to announce that we are celebrating 10 years of being in business! When we co-founded the Center in 2005, we never dreamed that patients would come from 49 states (we're still waiting on you, South Dakota!) and every continent on earth, seeking help for their unsolved digestive problems. But that is exactly what has happened.

After ten years, thousands of patients, and more "Thank You's!" than we can count, we are extremely grateful to everyone who has put their trust in us and given us the opportunity to help them and the people they care about. We are also grateful for all of the people who have helped us make this happen - our wonderful staff and doctors, our families, and all of the contractors and support personnel who keep a business running. We couldn't have done it without them.

In the upcoming years we expect to continue to grow, reach more milestones (South Dakota?), and help even more people to get their lives back. We sincerely thank you for all of your support and your referrals.

*Dr. Stephen Wangen
Thomas Mercer, COO*



Dr. Sanaz Forghani



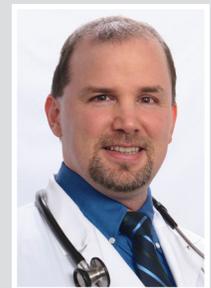
Dr. Kelly Baker



Dr. Stephen Wangen



Dr. Dorian Holmes



Dr. Ken Pentland

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IBS Doesn't Have to Be Spooky: Recent Stories From Our Patients.



In 1990 I was diagnosed as having either Crohns disease or IBS. They were not sure which. Regardless, it took a serious toll on my health and on my liver. I was treated with some drugs and after a long period of suffering, it subsided.

In September of 2014 I began to have reoccurring symptoms. It started out with some abdominal pain, then quickly moved to 2 minute warnings to find a bathroom about 10-15 times a day.

Horrible to say the least. I went to the same doctor that had treated me previously and I was put on the same regimen of sulfa drugs and PREDNISON. I continued to get worse, so the prednisone was increased more and more as were other drugs like Pentasa. I still had no relief.

Now the doctor was talking about suppressing my Immune system with a Imuran, and if that failed Humera was discussed. About a month earlier I had watched an interview on TV with Doctor Wangen and a female patient. She was describing all the symptoms that I was having and the terrible change in lifestyle that goes with it. I related. I had told my Gastroenterologist that I felt there had to be some CAUSE for what was happening to me. The answer was always "This just happens sometimes we don't know why". Next stop, more powerful drugs.

I made the decision to call the IBS center. I made an appointment and I am so grateful that I did. After suffering for about 6 months I finally went into the IBS clinic ... in March of 2015.

I didn't write this email right away because I wanted to see what the long term results would be. My Gastro doc AND the liver doc were "skeptical." The Gastro doc and liver doc only know how to treat symptoms. Its the old saying "To a carpenter, everything is a nail".

They use drugs. For the most part, I feel cured. I cant even imagine what drugs I would be on now, or what new side effects I would be dealing with, instead of going to Crossfit 4 times a week and feeling damn good again. Just feeling normal feels good.

- JPM

I can't praise the IBS Treatment Center enough! Just having someone who actually believes that you are having significant problems is healing in itself!

I saw many doctors in the year that it took to figure out what was wrong with me. Most were dismissive and some were downright rude. Many wanted to assign a mental health disorder to me because their tests showed that everything was "normal."

I knew there was something wrong with me! I cried with relief after my first phone call [with the IBS Treatment Center]. At the first visit, unlike all [the other doctors] I saw, they encouraged me to tell my "story" and to discuss all of my symptoms. Unlike other doctor's I saw, [they] believed me! Wow!

...[I] have been totally normal since 10 days in..... and I'm continuing to feel more energy and more wholeness every day!

Thank you to the IBS Center for actually believing their patients!

- Mary Lou Shean
Yakima, WA



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As seen on:



Meet Us and Join Others with Similar Issues.

November 3rd, Support Group Meeting at 7pm @ Seattle Office. Call 206-264-1111 for more information.

[Click here for more information.](#)

November 7th, 7th Biennial Gluten Intolerance Education Conference in Fargo, ND.

[Click here for more information.](#)

November 17th, Santa Monica support group. 6:15pm @ Santa Monica office. Call 310-319-1500 for more information.

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